

It is very important for you to be aware of the following items for your procedure(s). **If you do not follow these points, your procedure(s) may be CANCELLED at the facility.**

- **DO NOT TAKE ANY BLOOD THINNERS**, *unless previously directed and with medical Clearance*. Most blood thinners should be stopped 7 days prior to procedure, unless otherwise directed. All other medications can be taken after the procedure. You must notify our office if you take any blood thinners!
 - You may take any blood pressure or cardiac medications day of procedure with a tiny sip of water.
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- If you are having a colonoscopy, you will need 4 Dulcolax Laxatives, which can be picked up from any store. You will also need the Liquid or Pill Prep that will be sent to your pharmacy.
 - **Do not eat or drink anything 5 hours prior to your appointment time.** Having any liquids or foods in your stomach puts you at risk of aspiration. If you are prescribed a medication that is emergent for you to take, please notify our staff.
 - You must have a ride home after the procedure, as well as someone who will be with you when you get home. Due to anesthesia, you should not drive, or operate machinery, for 24 hours after the procedure.
 - If we notify you that you will need any prep-procedure clearances (ie: cardiac, pulmonary, etc) before your procedure, please assist with obtaining them. You need to confirm with our office that any clearances have been received before your procedure date.
 - **If your health, or insurance plan, changes between your office visit with us, and you scheduled procedure time, it is your responsibility to notify our office as soon as possible.**
 - If you have any questions regarding out of pocket costs, or other insurance benefits, please call your insurance company to review your plan. You may have fees that will be due for your procedure, from up to four different entities (professional, facility, anesthesia and pathology).

Thank you,

Peter A Koretsky, MD PA
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Office Staff